

Exciting News! Our hotel room rates include daily buffet breakfast.

Please see our lodging information inside the brochure for more details.

17TH ANNUAL SPRING CONFERENCE ON

WOMEN'S HEALTH

**Including topics on: Breast Cancer, Contraception Update,
Sexual Dysfunction, Fibromyalgia, Adolescent GYN,
Office Hysteroscopy, Risk Management and much more ...**

MARCH 17-20, 2010

**PRESIDENTE INTER-CONTINENTAL RESORT
CANCUN, MEXICO**

Sponsored by

Symposia Medicus

A Non-Profit Corporation for
Continuing Medical Education
Pleasant Hill, California



Since 1978

"I have been to three Symposia Medicus conferences and I have yet to be disappointed. The topics are always pertinent to my clinical practice and the speakers consistently relay information in a way that is usable and practical."
-Allison Cunningham, MD

"I've been to several Symposia Medicus meetings over the last 10 years and all have been great., always well organized, with wonderful meeting places and well planned activities. Thanks for a very educational experience once again."
-Jona Keith, WHNP

"Symposia Medicus conferences are excellent! I have been to two and they are of great benefit to me. I highly recommend them!"
-James Simony, MD

Register On-Line...

for this conference or view other educational conferences at

www.symposiamedicus.org

Conference Faculty

Linda D. Bradley, MD, FACOG

Conference Chairperson

Vice-Chairman of Obstetrics & Gynecology and Women's Health Institute
Director, Center for Menstrual Disorders, Fibroids & Hysteroscopic Services
Dept. of Obstetrics & Gynecology
Cleveland Clinic
Cleveland, Ohio

Peng T. Fan, MD, FACP

Clinical Professor of Medicine
Division of Rheumatology
David Geffen School of Medicine at UCLA
Los Angeles, California

Jay Goldberg, MD, MSCP

Associate Professor
Director, Division of General Obstetrics & Gynecology
Director, Jefferson Fibroid Center
Jefferson Medical College
Philadelphia, Pennsylvania

Mindy Goldman, MD

Clinical Professor
Department of Obstetrics, Gynecology & Reproductive Sciences
Director, Women's Health Cancer Care Program
Carol Franc Buck Breast Care Center & UCSF Women's Health
University of California, San Francisco
San Francisco, California

Anne A. Moore, RNC, MSN, FAANP

Professor of Nursing
Vanderbilt University
Women's Health Nurse Practitioner
Nashville, Tennessee

Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, employees and board members of Symposia Medicus have disclosed that they have no significant financial relationships that could pose a conflict of interest in the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.

CONFERENCE SCHEDULE

Wednesday, March 17

- 7:00am Registration & Check-in
- 8:00 **Conference & Faculty Introduction**
Linda Bradley, MD
- 8:15 **HPV & Pap Smears: Current Guidelines**
(Rx = 10 minutes)
Jay Goldberg, MD, MSCP
- 9:00 **Management of Osteoporosis 2010**
(Rx = 25 minutes)
Peng Fan, MD
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Abnormal Uterine Bleeding: Approach to Evaluation & Treatment** (Rx = 15 minutes)
Linda Bradley, MD
- 11:15 **GYN Care for Women with Breast Cancer**
Mindy Goldman, MD
- Noon **All Bugs/New Drugs: STI Update**
(Rx = 45 minutes)
Anne Moore, RNC, MSN
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00pm Group Reception
(for Faculty, Registrants & Their Guests)

Thursday, March 18

- 8:00am **Update on Breast Cancer Mutation Carriers: Issues Pertaining to Screening & Recommendations for Prevention**
Mindy Goldman, MD
- 8:45 **Evaluation & Management of Menstrual Migraines** (Rx = 15 minutes)
Jay Goldberg, MD, MSCP
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Exercising During Pregnancy: Evidence, Guidelines & More ...**
Jay Goldberg, MD, MSCP
- 11:00 **Contraception Update 2010**
(Rx = 45 minutes)
Anne Moore, RNC, MSN
- 11:45 **Alternative Therapies for Menopause Symptoms**
Mindy Goldman, MD

- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, March 19

- 3:30pm **ROUND TABLE DISCUSSIONS ~ Session One**
- Female Sexual Dysfunction Dilemmas**
Linda Bradley, MD
- Rheumatologic Disease: Case Studies**
Peng Fan, MD
- OB/GYN Risk Management: Case Studies**
Jay Goldberg, MD, MSCP
- Long Term Needs of the Cancer Patient**
Mindy Goldman, MD
- 5:00 Break
- 5:15 **ROUND TABLE DISCUSSIONS ~ Session Two (Session One Topics Repeated)**
- 6:45 Adjourn for the Day

Saturday, March 20

- 8:00am **Office Hysteroscopy: Video Presentation, Evaluation & Case Studies**
Linda Bradley, MD
- 8:45 **Current Management Options for Osteoarthritis** (Rx = 15 minutes)
Peng Fan, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (Hotel Check-Out If Applicable)
- 10:30 **Uterine Fibroid Embolization: Is Hysterectomy Obsolete?**
Linda Bradley, MD
- 11:15 **Adolescent GYN: Challenging Cases**
(Rx = 15 minutes)
Anne Moore, RNC, MSN
- Noon **Fibromyalgia: Diagnosis & Treatment**
(Rx = 25 minutes)
Peng Fan, MD
- 12:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Conference Adjourns

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions



CONFERENCE REGISTRATION INFORMATION

- Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**
- Tuition Fees:

	EARLY <i>If postmarked by January 6, 2010</i>	REGULAR <i>If postmarked after January 6, 2010</i>
Physicians	\$610	\$660
Residents, PA's & Nurses	\$510	\$560
- Tuition includes continuing education certification, extensive conference syllabus, group reception and refreshments.
- Tuition may be paid by check, money order, Visa, MasterCard or Discover Card.**
- Register on-line at www.symposiamedicus.org or use the form in this brochure, and if paid by check, make payable and send with registration form to Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2200; OR,**
- Telephone registrations can be made Monday through Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations can also be faxed with Visa, MasterCard or Discover Card information to (925) 969-1795.
- Conference registration will be confirmed in writing and more information on travel, hotel and tours will be sent.
- Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after February 10, 2010, however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference. In the event of conference cancellation by Symposia Medicus, full tuition refunds will be made.
- This conference meets the requirements for CE deductibility under the Tax Reform Act. We suggest you consult with your financial authority for more information.
- For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789 or email us at info@symposiamedicus.org.
- For information on air reservations and ticketing assistance, you may either call your travel agent or the airlines direct. Please see the Airline Travel Information portion of this brochure for further information.

AIRLINE TRAVEL INFORMATION

You can fly into Cancun International Airport, which is approximately 35 minutes by ground transportation from the hotel. Symposia Medicus has arranged reliable ground transportation from the Cancun airport to the hotel.

Symposia Medicus has arranged group discounts with **Alaska, American, Jet Blue and United Airlines** for this conference. Reservations can be made either through each individual airlines' Convention Desk at the numbers listed here or through your travel agent.

IN ORDER TO RECEIVE THE DISCOUNTED RATE, YOU OR YOUR TRAVEL AGENT MUST REFER TO THE SYMPOSIA MEDICUS ID NUMBERS LISTED HERE:

Airlines to Cancun, Mexico (Conference Discounts available):

Alaska Convention Desk	For discounts on Alaska Airline flights, please book online at www.alaskaair.com and insert ECCMB0927 into the e-certificate code box. For questions, please call the Alaska Airline Convention Desk at (800) 445-4435.	
American Airlines	(800) 433-1790	Ref #1320SS
Jet Blue Convention Desk	For discounts on Jet Blue Airlines flights, please book online at www.jetblue.com/promo and insert Symposia1139 into the promotion code box. The discount is only available online.	
United Airlines	(800) 521-4041	Ref #563JI

CONFERENCE LODGING INFORMATION

Symposia Medicus has reserved a variety of accommodations at group rates at the **Presidente Inter-Continental Resort in Cancun, Mexico**. These rates will also be available three days before and three days after the conference, based on availability, if you would like to extend your stay.

You will receive these group rates by:

- Reserving on-line at www.symposiamedicus.org.
- Telephone reservations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161.
- Reservations may also be faxed if paying with Visa, MasterCard, or Discover Card to (925) 969-1795.
- If paying by check, make payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2300.

Please note that our block of rooms is limited and is on a first-come, first-served basis. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.

GROUP RATES (Single/Double Occupancy):

Room Types	Rates	Descriptions
Garden View	\$210/night	
Lagoon View	\$230/night	Rooms vary only by view
Ocean View	\$250/night	
Club Floor <i>Rooms are very limited, please reserve early</i>	\$310/night	Slightly larger room with Ocean View, private balcony.
All rooms feature cable/satellite television, pay-per-view movie access, nightly turn-down service, coffee maker, mini-bar, in-room safe and iron & ironing board.		

- Room rates **do not** include the following (all subject to change):
 - 10% Federal tax
 - 2% Lodging tax
 - \$2.50 housekeeping charge per room, per night
 - \$4.50 one time, bellman gratuity, per person (13 years and up)
- Maximum room occupancy is three adults OR two adults and two children (12 years and under).
- Group rates INCLUDE daily buffet breakfast for first two people in room.**
- Additional occupant charges (includes daily buffet breakfast):
 - Children 12 years and under are complimentary in room with adults
 - Children 13 to 17 years old are an additional \$13 each per night, plus taxes & gratuities
 - Third adult (18 & over) is an additional \$35 per night, plus taxes & gratuities
- Check-in time is 3:00pm; check-out time is 1:00pm. **Late check-out may incur a charge, please verify with front desk upon check-in.**
- Cribs and rollaways are complimentary (subject to availability).
- A 30-minute break has been allotted in our conference schedule on Saturday for those needing to check out.
- Two nights' deposit must accompany the reservation form. The balance of lodging payment, as well as any incidental charges, is due to the hotel upon check out. The hotel accepts most major credit cards.**
- Per our hotel group contract, hotel cancellations must be made in writing to Symposia Medicus and you will receive a full refund of hotel deposit if postmarked by January 13, 2010. Between January 14, 2010, and February 10, 2010, one night's deposit is forfeited. After February 10, 2010, no hotel refunds can be made. All cancellations must be made in writing and postmarked by the dates stated above.**



CONFERENCE LOCATION

Cancun, Mexico, with its breathtaking tropical beauty and rich cultural heritage, is the setting for this year's conference. This Mexican Caribbean jewel has a history rich in the traditions of **Mayan culture**, and has emerged as one of the world's finest resort destinations.

The Presidente Inter-Continental Resort is located on the most beautiful white sand beach in Cancun. The resort is a tropical paradise, located within walking distance of many fine shops and restaurants, and across the street from the **Robert Trent Jones Jr. designed golf course**. The Presidente boasts a redesigned main pool with five Jacuzzis and a view of the beach and ocean, and a unique beach "palapa" where guests can enjoy beachside massages.

Cancun offers the visitor everything from **deep sea fishing, catamaran sailing, snorkeling** and **scuba diving** to a dazzling venture to the mysterious and exotic pyramids of **Chichen Itza** and **Tulum**.

You are sure to enjoy your stay in this outstanding location during your participation in our **17th Annual Spring Conference on Women's Health**.

2009 CALENDAR OF FUTURE CONFERENCES				2010 CALENDAR OF FUTURE CONFERENCES			
1111	14th Annual Summer Conference on Primary Care Medicine	Big Sky, Montana <i>(Near Yellowstone Nat'l Park)</i>	Jul 15-18	1131	17th Annual Office GYN & Women's Health for the Primary Care Provider	Marco Island, Florida	Feb 10-13
1115	10th Annual Summer Conference on Women's Health	Yosemite, California	Aug 5-8	1133	14th Annual Winter Conference on OB/GYN	Maui, Hawaii	Feb 17-20
1116	10th Annual Conference on Integrative Medicine in Women's Health	Vail, Colorado	Sep 9-12	1134	17th Annual Winter Conference on OB/GYN	Big Sky, Montana <i>(Near Yellowstone Nat'l Park)</i>	Feb 23-27
1117	20th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 14-16	1135	17th Annual Winter Conference on Primary Care	Breckenridge, Colorado	Mar 2-6
1119	Current Issues in Women's Health	Mediterranean Cruise <i>(Celebrity Cruises)</i>	Sep 26-Oct 3	1138	9th Annual Spring Conference on Challenges in Primary Care Medicine	Los Cabos, Mexico	Mar 10-13
1120	27th Annual Fall Conference on Obstetrics	Los Cabos, Mexico	Oct 14-17	1144	Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 7-9
1124	Medical Dilemmas 2009	Western Caribbean Cruise <i>(Royal Caribbean Cruise Line)</i>	Oct 3-10	1147	17th Annual Summer Conference on OB/GYN	Big Sky, Montana <i>(Near Yellowstone Nat'l Park)</i>	Jul 7-10
1123	17th Annual Fall Conference on Issues in Women's Health	Atlantis Resort, Bahamas	Oct 28-31	1150	15th Annual Summer Conference on Primary Care Medicine	Napa Valley, California	Jun 23-26
1125	20th Annual Conference on Hot Topics in Primary Care Medicine	Atlantis Resort, Bahamas	Nov 11-14	1151	11th Annual Summer Conference on Women's Health	Jackson Hole, Wyoming <i>(Near Yellowstone Nat'l Park)</i>	Jul 28-31
1128	15th Annual Conference on Care of Women Over 50	Playa del Carmen, Mexico <i>(Mayan Riviera)</i>	Dec 2-5	1152	6th Annual Summer Conference on Emergency Medicine	Alaskan Cruise <i>(Celebrity Cruises Infinity)</i>	Jul 30-Aug 6
1129	15th Annual Challenges in Gynecology	New York City, New York	Dec 18-19	1153	11th Annual Conference on Integrative Medicine in Women's Health	Santa Fe, New Mexico	Sep 15-18
1130	13th Annual Emergencies in Primary Care	New York City, New York	Dec 18-19				

For more information on any of these conferences, please write to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2200; call (800) 327-3161 or (925) 969-1789; email us at info@symposiamedicus.org; OR visit our website at www.symposiamedicus.org to view brochures of upcoming conferences. Brochures are available 6-8 months prior to conference.



CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR complete this form and mail or fax with appropriate payment to:



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 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2200
 Phone (925) 969-1789 or (800) 327-3161 • Fax (925) 969-1795

SYMPOSIA MEDICUS
17th Annual Spring Conference on
Women's Health
Presidente Inter-Continental Resort
CANCUN, MEXICO
March 17-20, 2010

PLEASE TYPE OR PRINT (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
Last First

Registrant's Mailing Address: _____
Street City State Zip

If this is a hospital or office address, please show name/suite # here: _____

Work: (_____) Home: (_____) Fax: (_____) _____

Cell: (_____) E-mail: _____

Professional Specialty: _____ Name of Hospital or Workplace: _____

Do you have a copy of the brochure for this conference? Yes _____ No _____

In an effort to reduce the environmental impact of printing on paper, our conference syllabus is now available on CD. #1139
 If you would like your syllabus on CD, please check here _____.
 * (If you request a syllabus on CD and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. Make sure your laptop is fully charged each day).

LODGING RESERVATIONS Please reserve accommodations at the **Presidente Inter-Continental Resort** for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

Group Rates (Single/Double Occupancy):

	Garden View	\$210/night
	Lagoon View	\$230/night
	Ocean View	\$250/night
	Club Floor <small> Rooms are very limited, please reserve early</small>	\$310/night

- Room rates **do not** include the following (all subject to change):
- 10% Federal tax
 - 2% Lodging tax
 - \$2.50 housekeeping charge per room, per night
 - \$4.50 one time, bellman gratuity, per person (13 years and up)
- Maximum room occupancy is three adults OR two adults and two children (12 years and under).

- Group rates **INCLUDE** daily buffet breakfast for first two people in room.
- Additional occupant charges (includes daily buffet breakfast):
 - Children 12 years and under are complimentary in room with adults
 - Children 13 to 17 years old are an additional \$13 each per night, plus taxes & gratuities
 - Third adult (18 & over) is an additional \$35 per night, plus taxes & gratuities

Preferred Bed Type: King/Queen _____ Two Double Beds _____ (Cannot Guarantee)

Names of All Room Occupants (and ages, if children) _____
Please circle names of room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Note: Balance of hotel charges will be due to hotel upon check-out)</small>	TOTAL
\$	\$	\$

Payment Type: _____ Check (Please Enclose) _____ Visa _____ MasterCard _____ Discover

Card Number	Expiration Date <small>Month/Year</small>	Security # <small>(last 3 digits on back of credit card)</small>
- - -	/	

Billing Address: _____
(if different from above) Street City State Zip

Cardholder's Name: _____ Signature: _____

ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover
 Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795
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