

21st Annual National Conference on Women's Health

**INCLUDING TOPICS ON:
Depression, Cardiovascular Disease,
Hormone Therapy, Osteoporosis, Infertility,
Contraception, Medical Malpractice, and much more...**

Las Vegas, Nevada

Flamingo Las Vegas Hotel & Casino
(Located on the Las Vegas Strip)

September 20-22, 2010
(Monday-Wednesday)

Sponsored by

Symposia Medicus

A Non-Profit Corporation for
Continuing Medical Education
Pleasant Hill, California



Since 1978

"Symposia Medicus chooses top notch speakers, who are highly credentialed and do a superb job of communicating information. The conferences are always well-organized and stay on-time! Thank you."

-Marguerite H. Kuhn, MD

"Excellent conferences! Material is an excellent refresher for my practice with new information on important and prevalent issues in Women's Health!"

-Rebecca Gatesman, CRNP

"I have been to three Symposia Medicus conferences and I have yet to be disappointed. The topics are always pertinent to my clinical practice and the speakers consistently relay information in a way that is usable and practical."

-Allison Cunningham, MD

Register On-Line...

for this conference or view other educational conferences at

www.symposiamedicus.org

CONFERENCE DESCRIPTION

Our **21st Annual National Conference on Women's Health** is designed to provide Ob/Gyn, family and internal medicine physicians, nurse midwives, nurse practitioners, physician assistants, nurses and all other healthcare professionals who take care of women with the most current clinical information about the care of the female patient. In addition to the didactic sessions, the conference will also include workshop sessions and discussion periods. **The primary goal of the conference is to enhance the knowledge and competence of attendees.**

Content for this year's conference has been selected based on extensive target audience needs assessment data, including clinical expert input, online needs assessment survey, and past participant stated needs.

An outstanding faculty has been selected based on their individual areas of expertise, their ability to communicate practical, evidence-based knowledge to others, their commitment to address issues of current concern, and their willingness to interact with participants.

This conference will provide you with an opportunity to share current issues with colleagues from across the country in exciting Las Vegas! You will take home a wealth of information which will help you to better care for your female patients.

CONFERENCE OBJECTIVES

After participating in this conference, you should have an increased knowledge of, and be more competent to...

- Discuss current issues in menopause
- Better manage cardiovascular related issues in the female patient
- Create a more culturally competent practice
- Enhance your management strategies for endometriosis
- Identify hereditary risk factors for breast and ovarian cancers
- Discuss management options for treating infertility
- Better manage mood disorders and depression in women

ACCREDITATION

This educational activity was planned and produced in accordance with the ACCME and ANCC Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by **the Accreditation Council on Continuing Medical Education (ACCME)** to sponsor continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation (ANCC)**.

Participants should only claim credit commensurate with the extent of their participation in the activity.

Certificates of Completion/Credit will be given to participants at the conclusion of the conference.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this educational activity for a maximum of **17 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American College of Obstetricians and Gynecologists has assigned 16 cognate credits to this program.

Application for Prescribed CME credit has also been filed with the **American Academy of Family Physicians (AAFP)**.

Certified Nurse Midwives/Physician Assistants

The American College of Nurse Midwives and the **American Academy of Physician Assistants** accept Category 1 CME approval from organizations accredited by the ACCME.

Nurse Practitioners/Nurses

The **ANCC contact hours** awarded for the completion of this educational activity is 17.

Provider also approved by the **California Board of Registered Nursing**, Provider # CEP2335, for 20.4 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 3 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

WORKSHOP SESSIONS

Smaller group workshops will be held Tuesday afternoon. These sessions will give you an opportunity to select subjects relating to your particular area of interest and provide an opportunity for greater interaction with the faculty and other participants. **Please indicate your workshop choices on the conference registration form in this brochure.** Space is limited, so please reserve early. Workshops you select will be printed on your name badge.

EDUCATIONAL RESOURCES

Each registrant will receive an extensive conference syllabus containing pertinent information on each topic presented. In an effort to reduce the environmental impact of printing on paper, **this syllabus is available on CD (e-syllabus). You can request an e-syllabus on our conference registration form. By requesting an e-syllabus, you will not receive a paper syllabus.** If you request an e-syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**

Extra copies of this syllabus, whether on CD or paper, are available for purchase by writing, with \$45 payment to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287 (please refer to syllabus #1155 and indicate type of media preferred).



CONFERENCE FACULTY

Michael Cirigliano, MD, FACP

Associate Professor of Medicine
University of Pennsylvania
School of Medicine
Medical Correspondent, Fox 29 News
Philadelphia, Pennsylvania

Victoria L. Green, MD, MBA, JD

Conference Co-Chair
Associate Professor
Department of Obstetrics & Gynecology
Emory University
Medical Director of Satellite Clinics
Director, Gynecology Comprehensive
Breast Center
Georgia Cancer Center of Excellence
Atlanta, Georgia

Eva Martin, MD

Staff Gynecologist
Cheyenne VA Medical Center
Cheyenne, Wyoming

Anne Moore, APN, WHNP/ANP-BC, FAANP

Conference Co-Chair
Professor of Nursing
Vanderbilt University
Women's Health Nurse Practitioner
Nashville, Tennessee

John Phelps, MD, JD, LLM

Associate Professor
Director and Fellowship Director of
The Division of Reproductive
Endocrinology and Infertility
University of Texas Medical Branch
Galveston, Texas

David Plourd, MD, FACOG

Assistant Professor
Obstetrics & Gynecology
Naval Medical Center, San Diego
OB/GYN Hospitalist
Scripps Hospital
Encinitas, California
Tri-City Medical Center
Oceanside, California

Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, Symposia Medicus Board, Planning Committee, and Staff members have disclosed that they have no significant financial relationships that could pose a conflict of interest to the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.

CONFERENCE SCHEDULE

Monday, September 20

- 11:00am **Registration & Check-in**
- Noon **Welcome & Introduction**
Victoria Green, MD, MBA, JD
- 12:15pm **Cardiovascular Disease in the Female Patient** (Rx = 20 minutes)
Michael Cirigliano, MD
- 1:00 **Controversies in Hormone Therapy: Risks & Benefits 2010** (Rx = 20 minutes)
David Plourd, MD
- 1:45 Break
- 2:00 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 2:30 **Diagnosis & Management of Infertility** (Rx = 15 minutes)
John Phelps, MD, JD, LLM
- 3:15 **Pap Smear Update 2010**
Victoria Green, MD, MBA, JD
- 4:00 **Vaginal Discharge: Pearls & Perils for Expert Clinicians** (Rx = 20 minutes)
David Plourd, MD
- 4:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 5:30 **Adjourn for the Day**

Tuesday, September 21

- 8:30am **Continental Breakfast**
- 9:00 **Adolescent GYN: Challenging Cases** (Rx = 15 minutes)
Anne Moore, ANP, WHNP/ANP-BC
- 9:45 **Management of Endometriosis** (Rx = 10 minutes)
John Phelps, MD, JD, LLM
- 10:30 **Break**
- 10:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 11:15 **Women & Exercise During Menopause**
Eva Martin, MD
- Noon **Mood Disorders in Women: A Practical Approach** (Rx = 25 minutes)
David Plourd, MD
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience

- 1:30 **Lunch Break**
- 3:00pm **WORKSHOPS: Session One**
- A. Natural Treatments for Obesity & Elevated Cholesterol**
Michael Cirigliano, MD
- B. Office Management of Depression in Women**
Victoria Green, MD, MBA, JD
- C. Case Studies in Contraception**
Anne Moore, ANP, WHNP/ANP-BC
- D. Medical Malpractice: Issues for Obstetricians & Gynecologists**
John Phelps, MD, JD, LLM
- 4:15 **Break**
- 4:45 **WORKSHOPS: Session Two**
(Session One Topics Repeated)
- 6:00 **Adjourn for the Day**

Wednesday, September 22

- 8:00am **Continental Breakfast**
- 8:30 **Hereditary Risk Factors of Breast & Ovarian Cancers** (Rx = 10 minutes)
Eva Martin, MD
- 9:15 **Hypertension: Current Treatment Options** (Rx = 25 minutes)
Michael Cirigliano, MD
- 10:00 **Break (Hotel Check-Out if applicable)**
- 10:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 11:00 **Culturally Sensitive Medical Care: Video Presentation**
Eva Martin, MD
- Noon **Recognizing Domestic Violence**
Victoria Green, MD, MBA, JD
- 12:45pm **Osteoporosis: A Comprehensive Approach to Management** (Rx = 20 minutes)
Anne Moore, ANP, WHNP/ANP-BC
- 1:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 2:15 **Conference Adjourns**

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions



CONFERENCE REGISTRATION INFORMATION

- Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**
- Tuition Fees:

	EARLY	REGULAR
	<i>If postmarked by</i>	<i>If postmarked after</i>
	<i>July 12, 2010</i>	<i>July 12, 2010</i>
Physicians	\$580	\$630
Residents, PA's & Nurses	\$480	\$530
- Tuition includes continuing education certification, extensive conference syllabus, continental breakfast and refreshments.
- Tuition may be paid by check, money order, Visa, MasterCard or Discover.
- Register on-line at www.symposiamedicus.org or by using the form in this brochure.
- If paying by check, make payable to Symposia Medicus, and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; OR
- Telephone registrations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations can also be faxed with Visa, MasterCard or Discover to (925) 969-1795.
- Conference registration will be confirmed in writing and **more information on travel and hotel will be sent.**
- Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after August 16, 2010, however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference. In the event of conference cancellation by Symposia Medicus, full tuition refunds will be made.
- This conference meets the requirements for CE deductibility under the Tax Reform Act. However, we suggest you consult your financial authority for specific interpretation.
- For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789, email us at info@symposiamedicus.org, or visit our website at www.symposiamedicus.org.
- For information on air reservations and ticketing assistance, you may either call your travel agent or the airlines direct. Please see the Airline Travel Information portion of this brochure for further information.

AIRLINE TRAVEL INFORMATION

Symposia Medicus has arranged group discounts with Alaska, American, Jet Blue, and United Airways for this conference. Reservations can be made either through your travel agency or through the airlines' Convention Desk at the numbers listed below.

IN ORDER TO RECEIVE THE DISCOUNTED RATE, YOU OR YOUR TRAVEL AGENT MUST REFER TO THE SYMPOSIA MEDICUS ID NUMBER LISTED BELOW.

Alaska Convention Desk	For discounts on Alaska Airline flights, please book online at www.alaskaair.com and insert ECCMB1147 into the e-certificate code box. For questions, please call the Alaska Airline Convention Desk at (800) 445-4435.	
American Convention Desk	(800) 433-1790	Please refer to ID # 1220S
Jet Blue Convention Desk	For discounts on Jet Blue Airlines flights, please book online at www.jetblue.com/promo and insert Symposia1155 into the promotion code box. The discount is only available online.	
United Convention Desk	(800) 521-4041	Please refer to ID # 563JI

CAR RENTAL DISCOUNT

Symposia Medicus has arranged conference discounts with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

RENTAL CAR	PHONE NUMBER	CONFERENCE CODE
AVIS	(800) 331-1600	AWD # B766625
Budget	(800) 772-3773	BCD # U076767

CONFERENCE LODGING INFORMATION

PLEASE CALL THE FLAMINGO LAS VEGAS HOTEL & CASINO DIRECTLY AT (888) 373-9855 OR (702) 733-3111. YOU MUST REFER TO SYMPOSIA MEDICUS' GROUP CODE "SFWH10" WHEN YOU CALL TO RECEIVE GROUP RATES.

Symposia Medicus has reserved a block of rooms at group rates listed below at the **Flamingo Las Vegas Hotel & Casino**. The hotel, located right on the famous Las Vegas Strip, combines a resort atmosphere with the glamour and excitement of Las Vegas.

Lodging is available to conference participants and their guests at the rates listed below. **These rates will also be effective three days before and three days after the conference (based on availability) if you wish to extend your stay.**

Please note that our block of rooms is limited and is on a first come, first served basis. **PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase.

GROUP RATES:

ROOM TYPE	GROUP RATE (single/double occupancy)	MAX OCCUPANCY	ROOM DESCRIPTION
Deluxe Room	\$65.00 (Sunday - Thursday)	4	Room is approximately 350 sq. ft., equipped with a desk & chair, entertainment center with a TV, high speed Internet access (fees apply), an in-room safe, iron and ironing board & built-in hair dryer.
	\$115.00 (Friday & Saturday)		
Go Deluxe Room	\$105.00 (Sunday - Thursday)	4	Room is approximately 350 sq.ft., and features digital accessories including premium sound system, CD/DVD player, 42" High Definition flat panel TV and wireless internet connections (fees apply), IPOD docking station, stylish frosted glass walls and doors in bathroom, TV screens built into the mirrors and luxurious bath amenities.
	\$155.00 (Friday & Saturday)		

- Rates **do not** include tax currently 9% (subject to change), meals, nor gratuities.
- One night's room deposit, including tax, is due at time of reservation.**
- Each guestroom must have at least one registered guest 21 years of age or older.**
- Children 18 years of age and under stay free when sharing accommodations with an adult.
- Third & fourth adult 19 years of age or older is \$30.00 per person, per night.
- Maximum four guests per room.
- Rollaway beds are an additional \$30 per room, per night (subject to availability).
- Cribs are complimentary (subject to availability).
- Check-in time is 4:00pm and check-out time is 11:00am. (Departures after 11:00am are subject to a full day charge)
- A longer break has been allotted in our conference schedule on Wednesday, for those of you who need to check out of the hotel.
- To avoid an early check-out fee of \$50 plus tax, you should advise the hotel at or before check-in of any change in your planned length of stay.**
- Hotel cancellations** must be made directly with the hotel **72 hours** prior to scheduled arrival or you will be charged a cancellation fee equal to your one night's deposit & tax.

CONFERENCE LOCATION

Our conference hotel, the **Flamingo Las Vegas Hotel & Casino**, is located at the famous corners of Las Vegas Blvd and Flamingo Road, and combines heart-pounding Las Vegas excitement with the ultimate self-contained resort experience. **Located directly across the street from the Caesar's Palace Forum Shops** and the fountains, gardens, and galleries of the Bellagio Hotel & Casino, the Flamingo Las Vegas is **right in the center of all the action of the Las Vegas Strip**.

Inside this exciting hotel, guests are offered numerous restaurants, an abundance of casino options, non-stop entertainment, and **fifteen acres of tropical paradise with five separate pools, cascading waterfalls, and a Wildlife Habitat** which is home to a multitude of **exotic birds**, including, of course, the lovely flamingo.

Whether you seek rest and relaxation, or crave entertainment and excitement, Las Vegas has it all. Stretch your legs walking the famous **Las Vegas Strip**; stimulate your taste buds in one of the city's **world-class restaurants**; or extend your conference stay and take a day trip to **Hoover Dam** or the **Grand Canyon** and witness the grandeur of the Colorado River. Explore the city's **casinos** or enjoy great **entertainment in the showplaces and lounges**. Las Vegas is truly the city that never sleeps!

Whatever your pleasure, you're sure to find it during your stay at the Flamingo Las Vegas Hotel & Casino while attending the **21st Annual National Conference on Women's Health**.

2010 CALENDAR OF FUTURE CONFERENCES

1134	17th Annual Winter Conference on OB/GYN	Big Sky, Montana (<i>Near Yellowstone Nat'l Park</i>)	Feb 23-27
1135	17th Annual Winter Conference on Primary Care	Breckenridge, Colorado	Mar 2-6
1138	9th Annual Spring Conference on Challenges in Primary Care Medicine	Los Cabos, Mexico	Mar 10-13
1139	17th Annual Spring Conference on Women's Health	Cancun, Mexico	Mar 17-20
1140	17th Annual Spring Conference on High Risk Obstetrics	Kauai, Hawaii	Mar 24-27
1143	11th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 22-24
1144	Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 7-9
1150	15th Annual Summer Conference on Primary Care Medicine	Napa Valley, California	Jun 23-26
1147	17th Annual Summer Conference on OB/GYN	Big Sky, Montana (<i>Near Yellowstone Nat'l Park</i>)	Jul 7-10
1151	11th Annual Summer Conference on Women's Health	Jackson Hole, Wyoming (<i>Near Grand Teton & Yellowstone Nat'l Parks</i>)	Jul 28-31
1152	6th Annual Summer Conference on Emergency Medicine	Alaska Cruise (<i>Celebrity Cruises - Infinity</i>)	Jul 30-Aug 6
1146	Hot Topics in Pediatrics	Bermuda Cruise (<i>Royal Caribbean Cruises - Explorer of the Seas</i>)	Jul 31-Aug 5
1153	11th Annual Conference on Integrative Medicine in Women's Health	Santa Fe, New Mexico	Sep 15-18
1154	Challenges in Obstetrics & Gynecology	Mediterranean Cruise (<i>Celebrity Cruises - Constellation</i>)	Sep 25-Oct 2
1156	24th Annual Fall Conference in High Risk Obstetrics	San Francisco, California	Sep 30-Oct 2
1157	28th Annual Fall Conference on Obstetrics	St. Thomas, USVI	Oct 20-23
1160	18th Annual Fall Conference on Issues in Women's Health	Kauai, Hawaii	Nov 3-6
1161	21st Annual Conference on Hot Topics in Primary Care Medicine	Maui, Hawaii	Nov 10-13
1164	11th Annual Fall Conference on Emergency Medicine	St. John, USVI	Nov 17-20
1165	16th Annual Conference on Women's Health: Care of Women Over 50	Atlantis Resort, Bahamas	Dec 1-4
1166	16th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 17-18
1167	14th Annual Conference on Emergencies in Primary Care	New York City, New York	Dec 17-18

For more information on any of these conferences, please write to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; call (800) 327-3161 or (925) 969-1789; email us at info@symposiamedicus.org; or visit our website at www.symposiamedicus.org to view brochures of upcoming conferences.

Brochures are available 6-8 months prior to the conference.



CONFERENCE REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR complete this form and mail or fax with appropriate payment to:



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 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone (925) 969-1789 OR (800) 327-3161
 Fax (925) 969-1795

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PLEASE TYPE OR PRINT (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
Last First

Registrant's Mailing Address: _____
Street City State Zip

If this is a hospital or office address, please show name/suite # here: _____

Work: (____) _____ Home: (____) _____ Fax: (____) _____

Cell: (____) _____ E-mail: _____

Professional Specialty: _____ Name of Hospital or Workplace: _____

Do you have a copy of the brochure for this conference? Yes _____ No _____

In an effort to reduce the environmental impact of printing on paper, our conference syllabus is available on CD.
 Please check here if you'd like your syllabus on CD. *(By selecting a CD syllabus, you will not receive a paper syllabus)*
 *(If you request an e-syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables.
Make sure your laptop is fully charged each day).

#1155

TUESDAY WORKSHOP PREFERENCE (Please refer to schedule and select one workshop for each session):

Session One: ___A ___B ___C ___D Session Two: ___A ___B ___C ___D

TUITION AMOUNT DUE
\$

Cardholder's Name: _____

Signature: _____

Billing Address: _____
(if different from above) Street City State Zip

PAYMENT TYPE: ___ Check *(Please Enclose)* ___ Visa ___ Mastercard ___ Discover

Card Number	Expiration Date Month/Year	Security # <small>(last 3 digits on back of credit card)</small>
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ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover
 Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795
 Visit our website for other educational conferences and/or to register on-line at: www.symposiamedicus.org

