

28th Annual Fall Conference on **OBSTETRICS**

Including topics on...

**Preterm Birth, Fetal Monitoring, Thrombophilias, Preeclampsia,
Management of Heart Disease, Anti-Depressant Use, Neoplastic Disease,
Litigation, and much more...**

October 20-23, 2010

**Marriott Frenchman's Reef &
Morning Star Beach Resort**

St. Thomas, US Virgin Islands

Sponsored by

Symposia Medicus

A Non-Profit Corporation for
Continuing Medical Education
Pleasant Hill, California



Since 1978

"I have always found the presenters at Symposia Medicus conferences are on the cutting edge of medicine. They are very evidence-based and I end up being "cutting edge" in my community because of them." **-Kathleen Johnson, MD**

"I truly believe Symposia Medicus delivers the most comprehensive, contemporary, and timely information in the most effective way with the best presenters; as compared to other conference providers. I only go to Symposia Medicus conferences." **-Rebecca Krueger, GNM**

"I've attended four Symposia Medicus conferences, and all were excellent. They just know how to get it right. I get much more out of these conferences than the "funny" titled, trendy-named lectures and repetitive talks at other national meetings. If an OB doctor only attends two CME conferences a year; at least one should definitely be a Symposia Medicus offering!" **-Anthony Werhun, MD**

**Register On-Line... for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **28th Annual Fall Conference on Obstetrics** is designed to provide physicians, physician assistants and nurses involved in obstetrics with the most current clinical information covering the care of the pregnant patient. Current data on key issues in management of these patients will be presented.

The goal of this conference is to provide a comprehensive update and review on current issues in obstetrics. Emphasis will be placed on practical application of evidence-based presentations. In addition to didactic lectures, ample time has been allotted for participant feedback and interaction.

Topics in this year's conference have been selected based on extensive target audience needs assessment data, including clinical expert input, clinical guidelines in obstetrics, online needs assessment survey, and past participant stated needs.

An outstanding faculty has been selected based on their individual areas of expertise, their ability to communicate practical, evidence-based knowledge to others, their commitment to address issues of current concern, and their willingness to interact with participants.

Morning sessions and one afternoon session leave ample time for relaxing, enjoying family and friends, and exploring the beautiful island of St. Thomas.

CONFERENCE OBJECTIVES

After participating in this conference, you should have an increased knowledge of, and be more competent to...

- Provide appropriate diagnosis & management for a variety of obstetrical issues such as preeclampsia, thrombophilias, and pre-term birth
- Diagnose & treat, or refer neoplastic disease in pregnancy
- Discuss the risks & benefits of amnioinfusion in labor and evidence-based indication for its use
- Manage anti-depressant use in pregnancy
- Identify & avoid litigation hot spots in obstetrical practice

ACCREDITATION

This educational activity was planned and produced in accordance with the ACCME and ANCC Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council on Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation (ANCC)**.

Participants should only claim credit commensurate with the extent of their participation in the activity.

Certificates of completion/credit will be given to participants at the conclusion of the conference.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this educational activity for a maximum of 18 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application has been made with the **American College of Obstetricians and Gynecologists (ACOG)** for cognates, Formal Learning.

Nurse Midwives & Physician Assistants

The **American College of Nurse Midwives** and the **American Academy of Physician Assistants** accept Category 1 CME approval from organizations accredited by the ACCME.

Nurse Practitioners/Nurses

The contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing, Provider #CEP2335, for 21.6 contact hours.**

Pharmacology Credit for Prescriptive Authority

A maximum of 3.6 hours in pharmacology credit for prescriptive authority may be earned by attending this educational activity. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx.

ROUND TABLE DISCUSSION SESSIONS

Round Table discussions will be held Friday afternoon. These sessions are organized to provide an opportunity for greater participant/faculty interaction, and to discuss subjects relating to your particular area of interest. You are encouraged to bring cases or issues you are confronting in your clinical practice to discuss during these sessions.

EDUCATIONAL RESOURCES

Each registrant will receive an extensive conference syllabus containing pertinent information on each topic presented. In an effort to reduce the environmental impact of printing on paper, **this syllabus is available on CD (e-syllabus). You can request an e-syllabus on our conference registration form. By requesting an e-syllabus, you will not receive a paper syllabus.** If you request an e-syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**

Extra copies of this syllabus, whether on CD or paper, are available for purchase by writing, with \$45 payment to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287 (please refer to syllabus #1157 and indicate type of media preferred).

GROUP TOURS / GROUND TRANSPORTATION

Additional information on St. Thomas, our conference hotel, ground transportation, and group tours will be sent.



CONFERENCE FACULTY

Michal Elovitz, MD

Associate Professor
Director, Maternal and Child Health
Research Program
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
Penn Medicine
Philadelphia, Pennsylvania

Mark G. Newman, MD

Clinical Adjunct Professor
Louisiana State University
School of Medicine
New Orleans, Louisiana
Staff Perinatologist
Maternal-Fetal Medicine Clinic
Woman's Hospital of Baton Rouge
Baton Rouge, Louisiana

Shailen Shah, MD

Conference Chairman
Assistant Professor
Thomas Jefferson University Hospital
Mount Laurel, New Jersey
Director, Antenatal Testing Unit
Department of Perinatology
Virtua Health System

Catherine Y. Spong, MD

Chief of Pregnancy and
Perinatology Branch
Center for Research for Mothers
and Children
National Institute of Child Health
and Human Development
National Institutes of Health
Bethesda, Maryland

Patricia M. Witcher, RNC-OB, MSN

Clinical Nurse Specialist
Labor and Delivery
Northside Hospital
Atlanta, Georgia

Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, Symposia Medicus Board, Planning Committee, and Staff members have disclosed that they have no significant financial relationships that could pose a conflict of interest to the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.

CONFERENCE SCHEDULE

Wednesday, October 20

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Conference Introduction**
Shailen Shah, MD
- 8:15 **Thrombophilias in Pregnancy: To Treat or Not to Treat** (Rx = 15 minutes)
Shailen Shah, MD
- 9:00 **Preeclampsia: When to Watch, When to Deliver (Case Presentations)** (Rx = 15 minutes)
Michal Elovitz, MD
- 9:45 Break
- 10:00 **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 10:30 **Hemoglobinopathies in Pregnancy: Screening & Management** (Rx = 5 minutes)
Mark Newman, MD
- 11:15 **Learning from Our Mistakes: Common Pitfalls in Antepartum & Intrapartum Electronic Fetal Monitoring** (Rx = 10 minutes)
Patricia Witcher, RNC-OB, MSN
- Noon **Use of Anti-Depressants in Pregnancy** (Rx = 25 minutes)
Mark Newman, MD
- 12:45pm **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00pm **Group Reception**
(For Faculty, Registrants and Guests)

Thursday, October 21

- 7:30am Continental Breakfast
- 8:00 **Detection & Management of Heart Disease in Pregnancy** (Rx = 15 minutes)
Shailen Shah, MD
- 8:45 **Prematurity Prevention: The Role of 17-hydroxyprogesterone Caproate** (Rx = 40 minutes)
Catherine Spong, MD
- 9:30 Break
- 9:45 **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 10:15 **What is the Role of Cerclage in Preventing Preterm Birth?** (Rx = 5 minutes)
Michal Elovitz, MD
- 11:00 **Amnioinfusion: The Evidence Behind the Indications** (Rx = 15 minutes)
Catherine Spong, MD

- 11:45 **Should You Be Using MgSO₄ to Prevent Cerebral Palsy in Your Preterm Patients?** (Rx = 30 minutes)
Michal Elovitz, MD
- 12:30pm **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, October 22

- 3:30pm **Round Table Discussions – Session One**
- Stillbirth: A Neglected Obstetrical Tragedy**
Catherine Spong, MD
- Perinatal Complications of Bariatric Surgery**
Mark Newman, MD
- Let's Talk About Labor Management**
Michal Elovitz, MD
- Collaboration Among Physicians & Nurses: You're Not Going to Chart That, Are You?**
Patricia Witcher, RNC-OB, MSN
- 5:00 Break
- 5:15 **Round Table Discussions – Session Two**
(Session One Topics Repeated)
- 6:45 Adjourn for the Day

Saturday, October 23

- 7:30am Continental Breakfast
- 8:00 **Neoplastic Disease During Pregnancy**
Mark Newman, MD
- 8:45 **Obstetrical Case Studies: Litigation Hot Spots** (Rx = 10 minutes)
Patricia Witcher, RNC-OB, MSN
- 9:30 Break (Hotel Check Out, If applicable)
- 10:00 **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 10:30 **Cholestasis of Pregnancy: The Loch Ness Monster** (Rx = 15 minutes)
Shailen Shah, MD
- 11:15 **Cesarean Delivery on Request: Is It a Problem?** (Rx = 5 minutes)
Catherine Spong, MD
- Noon **The Unstable Patient: How to Get Out of a Sticky Situation** (Rx = 10 minutes)
Shailen Shah, MD
- 12:45pm **Questions & Answers / Group Discussion**
Faculty Panel & Audience
- 1:30 Conference Adjourns

Rx= Pharmacology Credit for Prescriptive Authority will be Granted for these Sessions



CONFERENCE REGISTRATION INFORMATION

- Enrollment for this conference is limited in order to provide the best possible learning environment. **We recommend you register early.**
- **Tuition:**

	EARLY <i>If postmarked by August 11, 2010</i>	REGULAR <i>If postmarked after August 11, 2010</i>
Physicians	\$610	\$660
Residents, PA's & Nurses	\$510	\$560
- Tuition includes continuing education certification, extensive conference syllabus, group reception, and refreshments.
- **Tuition may be paid by check, money order, Visa, MasterCard or Discover.**
- **Register on-line at www.symposiamedicus.org or by using the form in this brochure.**
- **If paying by check, make payable to Symposia Medicus, and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; OR**
- **Telephone registrations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations may also be faxed if paying with Visa, MasterCard or Discover Card to (925) 969-1795.**
- Conference registration will be confirmed in writing and more information on travel, hotel and activities will be sent.
- **Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after September 15, 2010, however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference. In the event of conference cancellation by Symposia Medicus, full tuition refunds will be made.**
- This conference meets the requirements for CE deductibility under the Tax Reform Act. We suggest you consult with your financial authority for more information.
- **For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789.**
- For information on air reservations and ticketing assistance, you may either call the airlines direct or your travel agent. Please see the Airline Travel Information portion of this brochure for further information.

AIRLINE TRAVEL INFORMATION

You will fly into **Cyril E. King Airport, (STT)**, in St. Thomas. The airport is approximately 6 miles from the Marriott Frenchman's Reef & Morning Star Beach Resort.

Symposia Medicus has arranged group discounts with **American and United Airlines** for this program. Reservations can be made either through each individual airlines' Convention Desk at the numbers listed below or through your own travel agent.

IN ORDER TO RECEIVE THE DISCOUNTED RATE, YOU OR YOUR TRAVEL AGENT MUST REFER TO THE SYMPOSIA MEDICUS ID NUMBERS LISTED BELOW:

American Convention Desk	(800) 433-1790	Please refer to ID #11HØSS
United Convention Desk	(800) 521-4041	Please refer to ID #563JI

CONFERENCE LODGING INFORMATION

Symposia Medicus has reserved a variety of accommodations with group rates at the **Marriott Frenchman's Reef & Morning Star Beach Resort**. Lodging is available for registrants and their guests at the rates listed below. These rates will also be available three days before and three days after the conference (based on availability) if you wish to extend your stay.

Two nights' deposit must accompany the reservation form. The balance of lodging payment, as well as any incidental charges, is due to the hotel upon check out. The hotel accepts most major credit cards.

You will receive these rates by:

- Reserving on-line on our website at www.symposiamedicus.org; OR
- Telephone reservations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161.
- Reservations may also be faxed if paying with Visa, MasterCard, or Discover Card to (925) 969-1795.
- If paying by check, make payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

Please note that our block of rooms is limited and is on a first come, first served basis. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.

GROUP RATES (Single/Double Occupancy):

Room Types	Rates	Room Location & View Description
Resort View	\$160/night	Rooms are located in the main building of hotel, with views of island gardens & hills. No balcony.
Water View	\$191/night	Rooms are located in the main building of hotel, with a water view. Rooms have a 40 sq.ft. balcony.
*Morning Star Garden View	\$230/night	Located on the beach. Rooms overlook lush tropical gardens from a 40 sq. ft. balcony.
*Morning Star Beachfront View	\$260/night	Located on the beach. Rooms have a view of the Caribbean Sea from a 40 sq. ft. balcony.
All rooms are 400 sq. ft. and have one king bed or two double beds, air-conditioning, shower/tub combination, hair dryer, safe, wireless internet for a fee, 19 inch LCD TV with premium movie channels, iron/ironing board, coffee maker/tea service, and mini-refrigerator.		

***Morning Star rooms are limited. Please reserve early.**

- Room rates **do not** include the following (subject to change):
 - 8% state & local taxes per room, per night.
 - 5% portorage & housekeeping gratuities per room, per night (additional gratuities are at your discretion).
- Maximum room occupancy is four.
- Children 12 years and under are complimentary, using existing bedding, when staying with adults.
- Third & fourth person(s) in room (13 years & over) is an additional \$40 each, plus tax, per night.
- Check-in time is 4:00pm; check-out time is 11:00am.
- Cribs and rollaways are complimentary (subject to availability).
- A 30-minute break is in our conference schedule on Saturday for check-out, if applicable.
- **A \$50.00 fee will be charged by the hotel for unscheduled early departures. You must notify the hotel at check-in of any change in your scheduled departure to avoid this fee.**
- **Per our hotel group contract, hotel cancellations must be made in writing to Symposia Medicus and you will receive a full refund of hotel deposit if postmarked by August 18, 2010. Between August 19, 2010, and September 15, 2010, one night's deposit is forfeited. After September 15, 2010, no hotel refunds can be made. All cancellations must be made in writing and postmarked by the dates stated above.**



CONFERENCE LOCATION

The U.S. Virgin Islands are located in one of the most beautiful areas in the world, blessed with powdery sand beaches and sun-drenched weather. The island of St Thomas lies close enough to the equator so that twilight often comes with a brilliant sunset.

St. Thomas is the most cosmopolitan of the Virgin Islands. The scenic and historic capital city, **Charlotte Amalie**, is the main duty-free shopping area and has been the center of international trade since the 1600's. Its deep-water harbor, once teeming with four-masted trading ships, now plays host to visiting cruise ships and a fleet of sail and power yachts. Dozens of mini islands and cays encircle St. Thomas and add to the impressive scenery.

Our conference resort, the **Marriott Frenchman's Reef & Morning Star Beach Resort**, is located six miles from the **Cyril E. King International Airport**, and three miles from downtown Charlotte Amalie, the **shopping mecca of the Caribbean**. The resort is **surrounded by sparkling Caribbean waters on three sides**.

The resort has **three outdoor swimming pools, three Jacuzzis, a sauna, health club with full spa services**, and a **lighted tennis court**. You can enjoy the outdoor activities of **snorkeling, sailing, jet skiing, and golfing**, or experience the fabulous historical landmarks and landscapes of St. Thomas like **Fort Christian, Mountain Top, Drake's Seat, Magen's Bay, Paradise Point Aerial Tram, and Coral World Underwater Observatory**, all just a short taxi ride away from our conference resort. **You can also catch a ferry to nearby St. John to snorkel or dive at Trunk Bay.**

Whatever your pleasure, you won't want to miss this year's 28th Annual Fall Conference on Obstetrics.

2010 CALENDAR OF FUTURE CONFERENCES

1133	14th Annual Winter Conference on OB/GYN	Maui, Hawaii	Feb 17-20
1134	17th Annual Winter Conference on OB/GYN	Big Sky, Montana (<i>Near Yellowstone Nat'l Park</i>)	Feb 23-27
1139	17th Annual Spring Conference on Women's Health	Cancun, Mexico	Mar 17-20
1140	17th Annual Spring Conference on High Risk Obstetrics	Kauai, Hawaii	Mar 24-27
1143	11th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 22-24
1144	Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 7-9
1147	7th Annual Summer Conference on OB/GYN	Big Sky, Montana (<i>Near Yellowstone Nat'l Park</i>)	Jul 7-10
1152	6th Annual Summer Conference on Emergency Medicine	Alaska Cruise (<i>Celebrity Cruise - Infinity</i>)	Jul 30-Aug 6
1146	Hot Topics in Pediatrics	Bermuda Cruise (<i>Royal Caribbean - Explorer of the Seas</i>)	Jul 31-Aug 5
1153	11th Annual Conference on Integrative Medicine in Women's Health	Santa Fe, New Mexico	Sep 15-18
1155	21st Annual National Conference on Women's Health	Las Vegas, Nevada	Sep 20-22
1154	Challenges in Obstetrics & Gynecology	Mediterranean Cruise (<i>Celebrity Cruise - Constellation</i>)	Sep 25- Oct 2
1156	24th Annual Fall Conference in High Risk Obstetrics	San Francisco, California	Sep 30-Oct 2
1160	18th Annual Fall Conference on Women's Health	Kauai, Hawaii	Nov 3-6
1163	17th Annual Fall Conference on High Risk Pregnancy	Marco Island, Florida	Nov 17-20
1165	16th Annual Conference on Women's Health: Care of Women Over 50	Atlantis Resort, Bahamas	Dec 1-4
1166	16th Annual Conference on Challenges in GYN	New York City, New York	Dec 17-18
1167	14th Annual Conference on Emergencies in Primary Care	New York City, New York	Dec 17-18

For more information on any of these conferences, please write to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; call (800) 327-3161 or (925) 969-1789; email us at info@symposiamedicus.org; or visit our website at www.symposiamedicus.org to view brochures of upcoming conferences. Brochures are available 6-8 months prior to the conference.



CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR complete this form and mail or fax with appropriate payment to:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone (925) 969-1789 or (800) 327-3161 • Fax (925) 969-1795

SYMPOSIA MEDICUS
 28th Annual Fall Conference on
OBSTETRICS
Marriott Frenchman's Reef & Morning Star Beach Resort
St. Thomas, USVI
OCTOBER 20-23, 2010

PLEASE TYPE OR PRINT (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
Last First

Registrant's Mailing Address: _____
Street City State Zip

If this is a hospital or office address, please show name/suite # here: _____

Work: (_____) Home: (_____) Fax: (_____) _____

Cell: (_____) E-mail: _____

Professional Specialty: _____ Name of Hospital or Workplace: _____

Do you have a copy of the brochure for this conference? Yes _____ No _____

In an effort to reduce the environmental impact of printing on paper, our conference syllabus is available on CD. Please check here if you'd like your syllabus on CD (By requesting a CD syllabus, you will **not** receive a paper syllabus)
 *(If you request a CD syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**)

#1157

LODGING RESERVATIONS

Please reserve accommodations at the **Marriott Frenchman's Reef & Morning Star Beach Resort** for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

GROUP RATES (Single/Double Occupancy):

Resort View	\$160/night
Water View	\$191/night
*Morning Star Garden View	\$230/night
*Morning Star Beachfront View	\$260/night

- Room rates **do not** include the following (subject to change):
 - 8% state & local taxes per room, per night.
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- Maximum room occupancy is four.
- Children 12 years and under are complimentary, using existing bedding, when staying with adults.
- Third & fourth person(s) in room (13 years & over) is an additional \$40 each, plus tax, per night.

*Morning Star rooms are limited. Please reserve early.

Preferred Bed Type: King _____ Two Double Beds _____ (Cannot Guarantee)

Names of All Room Occupants (and ages, if children) _____

Please circle names of room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Note: Balance of hotel charges will be due to hotel upon check-out)</small>	TOTAL
\$ _____	\$ _____	\$ _____

Payment Type: _____ Check (Please Enclose) _____ Visa _____ MasterCard _____ Discover

Cardholder's Name: _____ Signature: _____

Billing Address: _____
(If different from above) Street City State Zip

Card Number	Expiration Date <small>Month/Year</small>	Security # <small>(last 3 digits on back of credit card)</small>
_____ - _____ - _____	____ / ____	_____

ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795 Visit our website for other educational conferences and/or to register on-line at: www.symposiamedicus.org

