

**POPULAR CONFERENCE – ENROLLMENT LIMITED – REGISTER EARLY!**

**16th Annual Conference on**  
**CHALLENGES IN**  
**GYNECOLOGY**

*Including Challenges related to: Reproductive Endocrinology,  
Depression, Oncology, Hormone Replacement Therapy,  
Osteoporosis and much more....*

**DECEMBER 17-18, 2010**

**(FRIDAY AND SATURDAY)**

**HILTON NEW YORK HOTEL & TOWERS**

**(MID-TOWN MANHATTAN)**

**New York City, New York**

Sponsored by

**Symposia Medicus**

A Non-Profit Corporation for  
Continuing Medical Education  
Pleasant Hill, California



*Since 1978*

*"I have been to three Symposia Medicus conferences and I have yet to be disappointed. The topics are always pertinent to my clinical practice and the speakers consistently relay information in a way that is usable and practical."*

**- Allison Cunningham, MD**

*"I have attended many Symposia Medicus conferences. They have my favorite topics, presenters and locations; that's why I keep coming back."*

**- Susan Halloran, NP**

*"This conference provides enough time for good continuing education and also time to enjoy New York City."*

**- J. Afford, MD**

**Register On-Line...**

**for this conference or view other educational conferences at**

**[www.symposiamedicus.org](http://www.symposiamedicus.org)**

## CONFERENCE DESCRIPTION

This year's **Challenges in Gynecology** conference has been designed for physicians, certified nurse midwives, nurse practitioners, physician assistants, nurses and other health care professionals who face ever-increasing challenges in the clinical diagnoses, treatment options, and new technologies involved in caring for the female patient.

The goal of this conference is to present current clinical data on key issues in gynecology, along with treatment options to manage these challenges. Topics in this year's conference have been selected based on extensive target audience needs assessment data resulting from professional practice gaps. These gaps are identified by a variety of sources including feedback and evaluations from past participants, clinical expert input, Symposia Medicus' online survey, and other medical and nursing data.

Our outstanding faculty has been selected based on their individual areas of expertise, their ability to communicate first-hand knowledge to others, and their commitment to address issues of current concern to attendees.

Your participation in this conference will provide you with the opportunity to share current ideas with colleagues across the country, amidst the excitement of New York City during the holiday season.

## CONFERENCE OBJECTIVES

After participating in this conference, you will have an increased knowledge of, and be more competent to:

- Diagnose & treat patients with endometriosis related pain
- Cite current information on hormone replacement therapy, including bio-identical hormones
- Identify risk management issues in gynecologic practice
- Counsel & manage patients with female sexual dysfunction
- Utilize ultrasound to evaluate abnormal uterine bleeding

## ACCREDITATION

**This educational activity was planned and produced in accordance with the ACCME and ANCC essentials and standards relating to continuing medical and nursing education.**

Symposia Medicus is accredited by the **Accreditation Council on Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation**.

Each participant should only claim credit commensurate with the extent of their participation in the activity.

**Certificates of credit will be given to participants on-site at the conclusion of the conference.**

## CONTINUING EDUCATION CREDIT

### Physicians

Symposia Medicus designates this educational activity for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*Application has been made to the **American College of Obstetricians & Gynecologists (AGOG)** for cognates, Formal Learning.*

*Application for CME credit has been filed with the **American Academy of Family Physicians (AAFP)**.*

### Certified Nurse Midwives/Physician Assistants

The **Academy of Physician Assistants** and the **American College of Nurse Midwives** accepts Category 1 CME approval from organizations accredited by the ACCME.

### Nurse Practitioners/Nurses

The ANCC contact hours awarded for the completion of this educational activity are twelve (12).

Provider is also approved by the California Board of Registered Nursing, Provider #CEP2335, for 14.4 contact hours.

### Pharmacology Credit for Prescriptive Authority

A maximum of 2.83 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

## EDUCATIONAL RESOURCES

Each registrant will receive an extensive conference syllabus containing pertinent information on each topic presented. In an effort to reduce the environmental impact of printing on paper, **this syllabus is available on CD (e-syllabus). You can request an e-syllabus on our conference registration form. By requesting an e-syllabus, you will not receive a paper syllabus.** If you request an e-syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**

Extra copies of this syllabus, whether on CD or paper, are available for purchase by writing, with \$45 payment to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287 (please refer to syllabus #1166 and indicate type of media preferred).



## CONFERENCE FACULTY

### Michael Cirigliano, MD

Associate Professor of Medicine  
University of Pennsylvania  
School of Medicine  
Medical Correspondent , FOX 29 News  
Philadelphia, Pennsylvania

### Steven R. Goldstein, MD

Professor of Obstetrics and Gynecology  
Director of GYN Ultrasound and  
Co-Director of Bone Densitometry  
New York University Medical Center  
New York, New York

### Victoria L. Green, MD, MBA, JD

Associate Professor  
Department of Obstetrics  
& Gynecology  
Emory University  
Medical Director of Satellite Clinics  
Director, Gynecology Comprehensive  
Breast Center  
Georgia Cancer Center of Excellence  
Atlanta, Georgia

### Gretchen Lentz, MD

Associate Professor &  
Division Director of Women's Health  
Department of Obstetrics & Gynecology  
Adjunct Associate Professor of Urology  
University of Washington Medical Center  
Seattle, Washington

### William D. Schlaff, MD

#### Conference Chairman

Professor and Vice Chairman  
Department of Obstetrics and  
Gynecology  
Chief, Reproductive Endocrinology  
University of Colorado  
Health Sciences Center  
Denver, Colorado

*Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, Symposia Medicus Board, Planning Committee, and Staff members have disclosed that they have no significant financial relationships that could pose a conflict of interest to the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.*

## CONFERENCE SCHEDULE

### Friday, December 17

- 7:00am Group Registration & Check-in  
Continental Breakfast
- 8:00 **Conference Introduction**  
William Schlaff, MD
- 8:15 **New Pap Screening Guidelines:  
HPV Testing & HPV Vaccine**  
Gretchen Lentz, MD
- 9:00 **Fertility Preservation for  
Reproductive-Age Cancer Patients**  
*(Rx = 20 minutes)*  
William Schlaff, MD
- 9:45 Break
- 10:00 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:30 **Issues in Breast Cancer Screening  
& Diagnosis: Implications for  
Practice**  
Victoria Green, MD, MBA, JD
- 11:15 **Update on Hormone Replacement  
Therapy Including Bio-Identical  
Hormones** *(Rx = 20 minutes)*  
Michael Cirigliano, MD
- Noon **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 12:30pm Lunch Break (on your own)
- 2:00 **The Evolution of Ultrasound in  
the Evaluation of Abnormal  
Uterine Bleeding**  
Steven Goldstein, MD
- 2:45 **Diagnosis & Management of  
Endometriosis Related Pain**  
*(Rx = 30 minutes)*  
William Schlaff, MD
- 3:30 **Osteoporosis for the Gynecologist**  
*(Rx = 30 minutes)*  
Steven Goldstein, MD
- 4:15 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 5:00 Adjourn for the Day

### Saturday, December 18

- 7:30am Continental Breakfast
- 8:00 **Management of Post-Hysterectomy  
Apical Prolapse**  
Gretchen Lentz, MD
- 8:45 **Office Management of Depression  
in Women** *(Rx = 20 minutes)*  
Victoria Green, MD, MBA, JD
- 9:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out if applicable)
- 10:30 **Female Sexual Dysfunction  
Dilemmas** *(Rx = 30 minutes)*  
Gretchen Lentz, MD
- 11:15 **Risk Management in Gynecology:  
Case Studies**  
Victoria Green, MD, MBA, JD
- Noon **Reproductive Endocrinology:  
Case Studies** *(Rx = 20 minutes)*  
William Schlaff, MD
- 12:45pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:30 Conference Adjourns

*Rx = Pharmacology Credit for  
Prescriptive Authority will be  
granted for these sessions*



**CONFERENCE REGISTRATION INFORMATION**

- This conference usually sells out. **Early registration is advised.**
- **TUITION:**

	<b>EARLY</b>	<b>REGULAR</b>
	<i>If postmarked by October 8, 2010</i>	<i>If postmarked after October 8, 2010</i>
Physicians	<b>\$495</b>	<b>\$545</b>
Residents, Nurses & PAs	<b>\$410</b>	<b>\$460</b>
- Tuition includes continuing education certification, conference syllabus, continental breakfasts & refreshments.
- **Tuition may be paid by check, money order, Visa, MasterCard or Discover.**
- **Register on-line at [www.symposiamedicus.org](http://www.symposiamedicus.org) or by using the form in this brochure.**
- **If paying by check, make payable to Symposia Medicus, and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; OR**
- **Telephone registrations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations may also be faxed if paying with Visa, MasterCard or Discover Card to (925) 969-1795.**
- Conference registration will be confirmed in writing and more information on travel and hotel will be sent.
- **Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after November 12, 2010; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference. In the event of conference cancellation by Symposia Medicus, full tuition refunds will be made.**
- This conference meets the requirements for CE deductibility under the Tax Reform Act. We suggest you consult your financial authority for more information.
- For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789 or email us at [info@symposiamedicus.org](mailto:info@symposiamedicus.org).
- For information on air reservations and ticketing assistance, you may either call the airlines direct or your travel agent. **Please see the Airline Travel Information portion of this brochure for further information.**

**AIR TRAVEL INFORMATION**

Symposia Medicus has arranged for discount fares with **Alaska, American, Jet Blue, and United Airlines** for this conference. Reservations can be made either through your travel agency or through the airlines Convention Desk at the numbers listed below.

**In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed below.**

Alaska Airlines Convention Desk:	For discounts on Alaska Airline flights, please book online at <a href="http://www.alaskaair.com">www.alaskaair.com</a> insert <b>ECCMB1151</b> into the e-certificate code box. For questions, please call the Alaska Airline Convention Desk at (800) 445-4435.	
American Convention Desk:	(800) 433-1790	#1220SS
Jet Blue Convention Desk:	For discounts on Jet Blue Airlines flights, please book online at <a href="http://www.jetblue.com/promo">www.jetblue.com/promo</a> and insert <b>symposiary</b> into the promotion code box. This discount is only available online.	
United Airlines Convention Desk:	(800) 521-4041	#563JI

**CAR RENTAL DISCOUNT**

Symposia Medicus has arranged conference discounts with **AVIS and Budget Car Rentals**. Reservations can be made by phone. Please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	800-331-1600	AWD # B766625
Budget	800-772-3773	BCD # U076767

**HOLIDAY ENTERTAINMENT AND THEATER ASSISTANCE**

During this busy holiday time in New York City, it is difficult to get theater tickets, so we have purchased a block of theater tickets for a variety of popular performances during your stay (see below). We have a limited number of tickets for each performance and anticipate they will all sell out, so we recommend you call as soon as possible. The seats are in the Orchestra or Mezzanine. To order tickets, call Symposia Medicus with Visa, MasterCard, or Discover at (925) 969-1789. **No ticket refunds or exchanges can be made.**

**Friday and /or Saturday Night Shows:** Billy Elliott    Come Fly with Me    Wicked    Lion King    Mamma Mia    Radio City Music Hall Christmas Spectacular

*Other shows may become available (please call us for assistance)*

**We strongly recommend you call for theater tickets as soon as possible, as these popular performances sell out early!**

**HOTEL RESERVATION INFORMATION**

**(Reserve Early – Hotel Rooms At Our Group Rates Sell Out Fast!)**

Symposia Medicus has reserved a block of rooms with **group rates at the Hilton New York Hotel & Towers located in the heart of Manhattan at 1335 Avenue of the Americas (on 6th Avenue between 53rd & 54th Streets).**

One night's deposit (room rate only) must accompany your reservation. The balance of lodging payment, as well as any incidental charges, is due to the hotel upon checkout. The hotel accepts all major credit cards.

You will receive these group rates by:

- Reserving on-line on our website at [www.symposiamedicus.org](http://www.symposiamedicus.org)
- Reserving by phone Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161
- Reservations may also be faxed if paying with Visa, MasterCard, or Discover Card to (925) 969-1795
- If paying by check, make payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

**BECAUSE HOTEL ACCOMMODATIONS ARE IN HIGH DEMAND IN NEW YORK CITY DURING THIS HOLIDAY SEASON, WE RECOMMEND YOU MAKE YOUR HOTEL RESERVATIONS AS SOON AS POSSIBLE.**

**Please note that our block of rooms is limited. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.**

**GROUP RATES:**

ROOM TYPE	RATES (SINGLE/DOUBLE)	ROOM DESCRIPTIONS
<b>Run of House</b>	\$324/night	All guest rooms feature marble baths, in-room thermostat control, 27 inch television, on-demand entertainment including video games, refreshment center, spacious work area, coffeemaker, and two telephones with voicemail and dataport.
<b>Executive Level</b> <b>*Limited Executive Level Rooms available - RESERVE EARLY!</b>	\$369/night	Executive accommodations (on higher floors of the hotel) include the same features as the standard rooms and have in addition upgraded decor, and bath amenities, bottled water, robes and access to 44th floor Executive Lounge featuring continental breakfast daily, hors d'oeuvres in the afternoon and evening as well as continuous coffee and tea service. (Executive Level rooms offer separate ground floor check-in and concierge service.)

**Rates are per night and do not include the following (subject to change):**

- New York State & City taxes currently 14.75% per room, per night
- \$2.00 per room, per night secondary city tax
- \$1.50 per room, per night tertiary city tax
- Maximum guest room capacity is four
- Children 18 & younger stay free in room with parents
- Third and fourth guests (over 18) in room are \$30.00 each, per night
- **Per our hotel contract, cancellations must be made in writing to Symposia Medicus and you will receive a full refund of your deposit if cancellation is postmarked by November 12, 2010. After November 12, 2010, no hotel deposit refunds can be made. All cancellations must be made in writing, sent to Symposia Medicus and postmarked by the dates stated above.**



## CONFERENCE LOCATION

Manhattan is exciting at any time of the year, but in December, when the **holiday season activities are at their peak**, it is an experience you won't want to miss.

Few places in the world have the magnetism and thrilling pace of New York City, and our conference on Challenges in Gynecology will be held right in the heart of it all. **Conveniently located in mid-town Manhattan, the Hilton New York Hotel & Towers is just steps away from Broadway Theaters, Radio City Music Hall, Rockefeller Center, Museum of Modern Art, New York's Diamond District, Times Square, and Central Park.**

Our group hotel rates make this weekend in New York appealing, and the outstanding theater, opera and other live performances this holiday season make it even more enticing.

You're sure to enjoy this stimulating conference on **Challenges in Gynecology** in the exhilarating surroundings of New York City.

### 2010 CALENDAR OF FUTURE CONFERENCES

1144	Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 7-9
1147	17th Annual Summer Conference on OB/GYN	Big Sky, Montana ( <i>Near Yellowstone National Park</i> )	Jul 7-10
1151	11th Annual Summer Conference on Women's Health	Jackson Hole, Wyoming ( <i>Near Grand Teton &amp; Yellowstone Nat'l Parks</i> )	Jul 28-31
1152	6th Annual Summer Conference on Emergency Medicine	Alaska Cruise ( <i>Celebrity Cruises-Infinity</i> )	Jul 30-Aug 6
1146	Hot Topics in Pediatrics	Bermuda Cruise ( <i>Royal Caribbean-Explorer of the Seas</i> )	Jul 31-Aug 5
1153	11th Annual Conference on Integrative Medicine in Women's Health	Santa Fe, New Mexico	Sep 15-18
1155	21st Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 20- 22
1154	Challenges in Obstetrics & Gynecology	Mediterranean Cruise ( <i>Celebrity Cruises-Constellation</i> )	Sep 25-Oct 2
1156	24th Annual Fall Conference on High Risk Obstetrics	San Francisco, California	Sep 30-Oct 2
1157	28th Annual Fall Conference on Obstetrics	St. Thomas, USVI	Oct 20-23
1160	18th Annual Fall Conference on Issues in Women's Health	Kauai, Hawaii	Nov 3-6
1163	17th Annual Fall Conference on High Risk Pregnancy	Marco Island, Florida	Nov 17-20
1165	16th Annual Conference on Women's Health: Care of Women Over 50	Atlantis Resort, Bahamas	Dec 1-4
1167	14th Annual Conference on Emergencies in Primary Care	New York City, New York	Dec 17-18

### 2011 CALENDAR OF FUTURE CONFERENCES

1168	18th Annual Office Gynecology & Women's Health for Primary Care	Maui, Hawaii	Feb 9-12
1170	15th Annual Winter Clinical Issues in OB/GYN Conference	Playa del Carmen, Mexico ( <i>Mayan Riviera</i> )	Feb 16-19
1173	18th Annual Winter Conference on OB/GYN	Beaver Creek, Colorado	Mar 1-5
1174	18th Annual Spring Conference on High Risk Obstetrics	Aruba, Dutch Caribbean	Mar 9-12
1175	18th Annual Spring Conference on Women's Health	Puerto Vallarta, Mexico	Mar 16-19
1180	12th Annual Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 14-16

For more information on any of these conferences, write to Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523, call us at (800) 327-3161 or (925) 969-1789, email us at [info@symposiamedicus.org](mailto:info@symposiamedicus.org), or visit our website at [www.symposiamedicus.org](http://www.symposiamedicus.org) to view brochures of upcoming conferences. Brochures are available 6-8 months prior to conference.



# CONFERENCE & LODGING REGISTRATION FORM

Register on-line at [www.symposiamedicus.org](http://www.symposiamedicus.org)

OR complete this form and mail or fax with appropriate payment to:



**Symposia Medicus**  
 399 Taylor Blvd., Suite 201  
 Pleasant Hill, CA 94523-2287  
 Phone (925) 969-1789 or (800) 327-3161 • Fax (925) 969-1795

**SYMPOSIA MEDICUS**  
**16th Annual Conference on**  
**CHALLENGES IN**  
**GYNECOLOGY**  
 HILTON NEW YORK HOTEL & TOWERS  
 (Mid-Town Manhattan)  
 New York City, New York  
 December 17-18, 2010

**PLEASE TYPE OR PRINT** (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

Registrant's Mailing Address: \_\_\_\_\_  
Street City State Zip

If this is a hospital or office address, please show name/suite # here: \_\_\_\_\_

Work: (\_\_\_\_) \_\_\_\_\_ Home: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Cell: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Professional Specialty: \_\_\_\_\_ Name of Hospital or Workplace: \_\_\_\_\_

Do you have a copy of the brochure for this conference? Yes \_\_\_\_\_ No \_\_\_\_\_

In an effort to reduce the environmental impact of printing on paper, our conference syllabus is available on CD. Please check here if you'd like your syllabus on CD  (By requesting a CD syllabus, you will **not** receive a paper syllabus)  
 \*(If you request a CD syllabus and bring your laptop to the conference, please be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**)

#1166

## LODGING RESERVATIONS

Please reserve accommodations at the **Hilton New York Hotel & Towers** for:

Arrival: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Departure: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

### Group Rates (Single/Double Occupancy):

Room type (check one)

<input type="checkbox"/>	Run of House	\$324/night
<input type="checkbox"/>	Executive Level*	\$369/night

\*Limited Executive Level Rooms available - RESERVE EARLY!

### • Rates are per night and do not include the following (subject to change):

- New York State & City taxes currently 14.75% per room, per night
- \$2.00 per room, per night secondary city tax
- \$1.50 per room, per night tertiary city tax

- Maximum guest room capacity is four
- Children 18 & younger stay free in room with parents
- Third and fourth guests (over 18) in room are \$30.00 each, per night

Preferred Bed Type: King/Queen \_\_\_\_\_ Two Double Beds \_\_\_\_\_ (Bed type not guaranteed)

Names of All Room Occupants (and ages, if children) \_\_\_\_\_

Please circle names of room occupants (other than you) who are registered for this conference

Other Comments/Requests \_\_\_\_\_

TUITION AMOUNT DUE	ONE NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Note: Balance of hotel charges will be due to hotel upon check-out)</small>	TOTAL
\$ _____	\$ _____	\$ _____

Payment Type: \_\_\_\_\_ Check (Please Enclose) \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover

Card Number	Expiration Date Month/Year	Security # <small>(last 3 digits on back of credit card)</small>
_____ - _____ - _____	____ / ____	_____

Billing Address: \_\_\_\_\_  
(if different from above) Street City State Zip

Cardholder's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

### ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795 Visit our website for other educational conferences and/or to register on-line at: [www.symposiamedicus.org](http://www.symposiamedicus.org)

